

Welcome back,
DR. TABITHA
ROGERS!

A Document
from
STEVEN REYNEN

Monday June 30th, 2025

My name is Steven Reynen.

I am a Christian.

I have the gifts of Love, Hope, and Faith.

I do not have the gift of Prophecy.

I am Canadian citizen.

I am a human being.

I have given up my legal rights. (I can choose when to excise them).

I am saved by **grace** through **faith** alone. This is a gift from God.

Works follow faith. But it is **grace** upon **grace** and **mercy** upon **mercy**. (Faith plus nothing).

I am not responsible for the actions of other persons.

My debt has been paid **in full**.

Of sinners I am chief.

Christ Jesus' righteousness applied to my account.

I am a saint.

I was born again in 2019 at my apartment (804-2181 Navaho Drive, Ottawa, ON in 2019).

I **am** justified. I **have been**, and **am being** sanctified. I **will** be glorified.

Regeneration is an ongoing process lasting ones whole life.

- I am being turned into a masterpiece by my Abba, Christ Jesus and the Holy Spirit.

I will never be perfect while I am in this body, but I **will** be perfect once I get my glorified body.

- Then I can love my Abba, Christ Jesus, and the Holy Spirit, my brothers and sisters in Christ and all the angels perfectly (with an unsinning heart)
- It won't matter what I have done, or what my brothers and sisters in Christ have done - it will be AMAZING forever.
- I will always make mistakes while I am still in this body.

I am **weak**, **broken**, **helpless**, and **powerless**.

My Abba, Christ Jesus, and the Holy Spirit alone are God.

They (three persons, one God, only God) are:

- Eternal
- Perfect
- All Powerful
- All Knowing
- Everywhere

Scripture cannot be broken.

I am **non** violent.

I am **not** suicidal.

I consider pharmakeia to be **sin**.

I consider suicide to be **sin**.

I consider suicide to be a **lesser** sin than pharmakeia.

I love animals, and I think guinea pigs are adorable.

I am **not** effeminate.

My list of transgressions are on my website reynen.ca

- <https://reynen.ca/about/>

I used to be very intelligent, but I have incurred brain damage from all of the abuse.

I want to have a Christian wife.

- I don't want to have sex again until I am married.
- <https://reynen.ca/i-am-looking-for-the-right-christian-wife/>

I want to have a son (Paul) and a daughter (Mary) if by some miracle my vasectomy is undone.

- I worry they may get Williams Syndrome
- I worry that despite my best efforts they might get into trouble since there is only so much I can do to help them
- I am trusting God that no matter what happens, all things work for the good of those who love God

The war isn't against flesh and blood: human beings (be them a neighbour or enemy).

The war is against Satan and the **spiritual** powers and principalities that serve him.

- Can **only** overcome by the power of God (To God be **all** the Glory)

By God's grace, I want to forgive, love, and treat my neighbours and enemies with respect

- No matter who they are, or what they have done.

When I am persecuted, my eternal reward gets better, and better.

I can rejoice in my suffering.

I am **highly** empathetic.

- It hurts me to see others suffering.
- A lot of suffering happens here at The Royal.

I am a no-touch torture survivor.

I am a satanic ritual abuse survivor.

I am a gang-stalking victim.

I am a victim of EEG Heterodyning.

I was formerly an MK ULTRA slave.

- I can't be 'handled' anymore, **nor should I be treated as if I were still a slave**

I believe in neuroplasticity and the power of prayer.

I am willing to endure my persecution without taking any pharmakeia.

It is not a crime to be **weird** or behave in a fashion that others find strange.

I want to be left alone.

To live a peaceful, and quiet life.

Gordon Reynen **lied**. He and Rhona Reynen **betrayed** me. They want me back on **pharmakeia**.

I **never** threatened him with a knife. **Nor** did I hold one against his neck.

(I care not to elaborate further, at present).

I cut ties with them **entirely**. And my entire extended family.

If they contact me again, in any way, I will officially seek a restraining order against them.

I still love them.
I love God more.
I want them to repent, less they perish.

If people do not like being on the pharmakeia, they can refuse it

- They can then choose not give into coercion and protest it legally and in a non violent fashion

If people don't like being MK ULTRA slaves, they need to accept Christ Jesus' free gift to be free.

- Jesus will see them through

If people don't want to end up in the lake of fire, they need to accept Christ Jesus' free gift.

If staff abuse patients in any way, they can be reported to Jonathan Vant.

If patients abuse other patients, they can be reported to staff at Schizophrenia North.

I cannot save anyone.

- I can only point them to Christ Jesus, who can!

I have been instructed not to interact with any patient, repeatedly, by staff.

I have been doing my best to avoid other patients, and be a 'model' patient.

I was told to not make any eye contact by a staff member.

- I can not reasonably obey this, nor should I, so I don't.
-

I do not have **schizoaffective disorder**.

I **may** have:

- Dissociative Identity Disorder from childhood and ongoing Satanic Ritual Abuse and torture
 - I am not sure if I have any 'alters' left
 - Generalized Anxiety Disorder
 - Attention Deficit and Hyperactivity Disorder
 - Complex Post Traumatic Stress Disorder
 - Obsessive Compulsive Disorder (only traits)
 - Williams Syndrome (reynen.ca/williams-syndrome/)
-

I **could** be here for **days, weeks, months, or years** (I just don't know, and I am not a prophet). The Consent and Capacity Board (and my lawyer) suggest that if I do not take the pharmakeia I could be held here indefinitely or die here.

(These are all **theoretical** possible futures and some of these are **highly** improbable, but nevertheless possible **even if only remotely**)

I could be held **here** (Schizophrenia North at The Royal as an involuntary patient, which in my humble opinion makes me a psychiatric prisoner)

Days

Situation A: Dr. Rogers rescinds the orders, makes me voluntary and I leave AMA or I get discharged to anything from a homeless shelter to an apartment.

Situation B: They 'Code White' me. I drop the appeals by informing my lawyer and the doctors and staff at The Royal. I take the pills or agree to a Community Treatment Order: whatever gets me discharged quicker. (I scarify fakechickensoup.farm on my left arm).

Situation C: I die in hospital.

Situation D: I get 'raptured'. Unsure if this is pre-, mid-, or post-tribulation: or even if this is what will happen to me.

Situation E: The tribulation begins, and things change, and I get released or walk out.

Situation F: The gathering of the tares happens, and things change, and I get released or walk out.

Situation G: I get criminally charged with something: rightfully or wrongfully, and I end up in a non-mental health prison.

Situation H: I get killed while on a pass off grounds.

Situation I: I get assaulted while on a pass off grounds and I get taken to a hospital where, for whatever reason, I never return to The Royal.

Situation J: I get forced onto the pharmakeia and I commit suicide.

Situation K: The Mental Health Act (MHA) or the Health Care Consent Act (HCCA) is augmented or ruled unconstitutional, or some other laws and/or legislation is changed and I am released.

Situation L: I get an expensive lawyer, and I am released (one way or the other).

Situation M: I am taken somewhere to give my testimony to governors or kings and I never come back to The Royal.

Situation N: I am exiled from Canada.

Situation O: I get a 'Code Blue' at The Royal, and I get taken to another hospital where, for whatever reason, I never return to The Royal.

Situation P: I get abducted/kidnapped and taken to a 'black site' or some other undisclosed location.

Situation Q: The Canadian Government and/or Military show up and talk to me formally and then I am discharged.

Situation R: I get taken to a concentration camp or prison just for Christians (under any pretense).

Situation S: The no-touch torture, or the forms of spiritual abuse used on me, are used on a staff member, or a patient (who are not Christian, but are humans and Canadian citizens), and they are forcibly walked into oncoming traffic in front of The Royal (possibly causing a big car accident causing collateral damage, perhaps even a child, the closest thing this world has to offer to innocence). Then Ottawa Police Services and CSIS reflect back to the warnings I made to them around May 28th (I was restricted to the unit for a month for whistle-blowing about this) and they are more serious in how they investigate the allegations I am making about the technologies and various abuses I have endured that are documented and referenced on my website reynen.ca. Then, I get discharged somehow, but someone(s) are now possibly definitely destined for the lake, despite my best efforts to warn others.

Weeks:

Situations A-S

Months:

Situations A-S

Situation T: I win the appeal process within months

Years:

Situations A-T

Situation U: I win the appeal process within years.

Situation V: I get taken somewhere to be beheaded during the tribulation.

Situation W: I hunger strike to death (included within 'die in hospital', but it wouldn't be for years, I believe, since it would be a last resort)

Situation X: I never get to the Superior Court of Justice (let alone the Supreme Court of Canada) and I am just kept here awaiting a trial that never comes).

My Abba, Christ Jesus and the Holy Spirit know best **always**, no matter the circumstances.

I often don't **know** for sure what is happening (how could I possibly I am just a man)

- But they always know exactly what is happening
 - Everywhere
 - Every time

I will continue to trust them, by God's grace.

I must learn to how to live well here. Develop a routine and learn how to best treat staff and my fellow patients with love and respect, while both respecting authority **and** being true to my conscience and my faith (prioritizing being God honouring). Others must learn to coexist with me, too!

- I cannot leave! I am involuntary!

I must take care of my body, which is a temple of the Holy Spirit.

I enjoy the baths, showers, and the food here at The Royal.

I will **not** take the pharmakeia **voluntarily** again. I will **not** be driven back into my parents arms on the pharmakeia again. Nor will I be driven into the arms of a pagan/heathen woman on the pharmakeia again. **I would rather die.**

I will take the pills orally, **only if** the Canadian Government continues to rule against me (or **if** I am illegally injected with pharmakeia before then).

I must submit to authority, and I am non-violent.

I will stop the appeal process if there is a "Code White" and it leads to an injection once more.

- Then I will take the pills orally (or get a Community Treatment Order if it gets me discharged sooner)
 - I will only lie about one subject (without admitting I am lying about it).
 - I won't lie **otherwise** but I will try to say what staff want to hear so I can leave.
 - **But**, I will not betray my convictions or my Abba, Christ Jesus, and the Holy Spirit.
 - **If** this happens I will take the swim they suggest in Luke 17:1-2 (a place where a child will not find me).
 - I **will** deny this, should they force me onto the pharmakeia.
 - This would be to prove a point to those who have knowingly led me or my brothers and sisters in Christ into sin.
-

I have projects, hobbies, and activities to keep busy:

- reading scripture (90 day bible study, repeat with different translations and notes - starting July 1st)

- reading sermons and other miscellaneous Christian works
- reading
- Introduction to Logic course at Stanford (to prepare for Carleton in fall)
 - <http://intrologic.stanford.edu/public/lessons.php>
- writing 'to God be all the Glory'
- listening to hymns and music
- singing hymns
- recording hymns
 - Audio only (Can I do this with high production value?)
 - Host on reynen.ca (possibly YouTube, too)
- walking
- smoking tobacco
- working on a comedy special
 - Rehearsed
 - High production value
 - Released for free
 - Drive traffic to reynen.ca
- playing basketball by myself on the outside court behind The Royal
- playing Frisbee golf by myself in the field behind The Royal
- writing for reynen.ca
- busking and/or panhandling at the By-Ward Market
- studying the Mental Health Act and Health Care Consent Act
- studying The Royal's policies
 - acting as an unofficial volunteer 'Fire and Safety clerk' while a psychiatric prisoner
- volunteer at the coffee shop in the lobby
- playing chess against the chess engine (Schizophrenia North has a DGT Chess Board)

Routine:

- Alarms set on Laptop for Coffee Cart / Meals / Smoke Breaks
- Starting to use digital calendars
- Organizing my belongings, digital presence, finances

TODO:

Carleton in Fall: BSWD + CSG:SDE, Service Dog, Register Courses on August 6th @ 8:30 AM (Make several 'worksheets' in case courses are filled. Discuss w/ Dr. Rogers how to take necessary in-person parts).

Appointment with Beverly Robson at TD Bank on July 2nd @ 14:00-15:00 to open Student Chequing Account, Savings Account, Secured Credit Card.

- Do not get overdraft protection.

Appointment with Emily at PMC@Carleton University on July 4th @ 13:00: In-person. Discuss BSWD/CSG:SDE and accommodations. (Bring e-Paper Tablet with my notes)

Need to go to Capital Optical ASAP to make progress with obtaining prescription glasses

- ODSP has prescription, and has been in touch with them

Need to go to Service Ontario ASAP to get Driver's License

- If Dr. Rogers gets it revoked, I still need to go there to get an Ontario Photo ID

Keep following up with OSAP Re: Grants

- Disability Status Documentation submitted in Feb 2019
- Need to register online account with National Student Loans Service Centre
 - complete the MSFAA (**MSFAA number:** 0125202962).
- Current estimate is \$11,800 in grants.
- Declined the loan portion (\$2,000).

Make an appointment with Metcalfe Family Dental and secure Transportation

Pay for UHIP and UPASS at **Carleton**

Reconstruct Timeline of Events and Organize Details (Recording this in a private document)

- Hospitalizations
 - List of Historical Pharmakeia (Dosage / Dates / Names)
 - Jobs
 - List of Therapists (Include Dr. De Jesus and Linda Stinson)
 - DSM Diagnoses
 - Addresses
 - Post Secondary Attempts
 - Name Changes
 - Girlfriends (Ex-Fiance)
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Buy iMac Desktop from Apple Canada (<https://www.apple.com/ca-edu/shop/buy-mac>)

- They offer Student Education Savings
- Use the Disability Tax Credit (up to \$2,400)
- Get the three year apple care plan+
 - A warranty which covers repairs if it is broken or there is an accident

Quality of Life items:

- large bag of bird seed
 - a litre water bottle
 - FLAC copies of classical / hymns / instrumental versions of favorite songs
 - physical calendar that can be easily mounted on the wall (what mounting mechanism?)
 - a wallet
 - personal digital copy of latest version of the Diagnostic and Statistical Manual of Mental Disorders
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Budget Money:

- OSAP (Grants w/ no loan): Estimate of \$11,800
- ODSP (\$149 monthly)
 - 3x \$40 cartons of menthol cigarettes from My Legacy on Dalhousie
 - Unless I can find a website to import up to 5x cartons of cigarettes legally from another country

- Pay for duties and taxes
 - Have done this before, and it is still cheaper than ~\$200 a carton.
- Tax Return (Use for Passport \$120, Drivers License \$35.75, Birth Certificate \$35, and JusticeNet \$25)
 - Place in Savings Account
- Disability Tax Credit (Up to \$2,400)

Canada Disability Benefit: Application Submitted on June 24th.

- Eligibility decision should be received within 28 days (by July 22nd)

Tax Return: Submitted on June 2nd.

- Should only take 6-8 weeks to arrive. Place \$215.75 of \$224 in savings for
 - JusticeNet
 - Driver's License or Ontario Photo ID
 - Birth Certificate
 - Passport.

Finish setting up myCRA (the security code was mailed June 25th)

- Should arrive before July 5th

Register with JusticeNet: (Need \$25) (<https://www.justicenet.ca/>):

- Find a lawyer through them with reduced or waived fees
- Can get donations on reynen.ca, or busk/panhandle at By-Ward Market to get required funds
 - Continue researching the logistics of this.

Formally begin the appeal process for the Form 33:

- Form A application to the Consent and Capacity Board
 - Can start July 22nd
- If the CCB rules against me
 - then appeal the decision to the Superior Court of Justice
 - Continue appealing up to the Supreme Court of Canada if need be

Get scanned copy of documents that are in your chart at The Royal (from Joana):

- Vulnerable Sector Police Record Check (2024)
- Medical Record Form for DZ license course (2024)
- Clean Drivers Abstract (2024)

Upload them to secure cloud backups

Get the following ID:

- Driver's License [Replace it, stolen from secured unit] (If Dr. Rogers gets it revoked, get Ontario Photo ID)
- Birth Certificate

- Passport

Verify ID with Equifax, Transunion, and Stripe

- Able to do this once IDs have been obtained
 - then able to receive donations on reynen.ca and gofundme (etc.)
-

Once ID is verified with Equifax and Transunion, ensure all information is up to date with them.

- Send them documentation from Doyle Salewski and any other necessary documentation
-

Get more legal advice from the Pro Bono Law Society of Ontario (VC-00002825)

Decide whether to file a complaint to the Ontario Ombudsman about the Consent and Capacity Board

- <https://www.ombudsman.on.ca/en/make-complaint>
-

Get a Service Dog (Name him Ernest. His nickname can be Ernie if he is being silly.):

- Perhaps call him David or Dave
 - Paperwork from Carleton (in email from Suzzane from PMC@Carleton University)
 - Paperwork from Dr. Rogers
 - \$84 a month from ODSP (covers dog food and expenses like pet insurance)
 - Explained he would have to be properly trained
 - See K4Paws (\$75 Registration Fee) and/or National Service Dogs
 - <https://kingstonservicedogs.ca/service-dogs-for-ptsd-and-other-mental-health-issues/>
 - <https://nsd.on.ca/>
 - Get a Corgi Mix, or another 'low-rider' (a breed that is non-threatening)
 - Can the **CSG:SDE** cover this?
 - Can raise money with a gofundme (once IDs are obtained)
 - Can take Ernest to the courtyard if I am restricted to the unit again.
-

Get an independent second opinion of my DSM diagnosis. (Help from JusticeNet?)

- I believe I have: DID from SRA, ADHD, C-PTSD, GAD, OCD traits, and Williams Syndrome
 - Please don't place any barriers or restrictions in my way. That would be unethical.
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Housing:

- Follow up with The Social Housing Registry of Ottawa to confirm documentation has been processed.
 - <https://housingregistry.ca/>

- Gave them Legal Name Change (Back to Steven Reynen), ODSP, NOA, and updated Provider Selection
 - No supportive housing indicated on provider selection form
 - Confirmed this with them. (since you only get one offer from any providers you select)
 - File#: 20180628102949
 - Once processed, reach out to the city of Ottawa to enter the Rent Supplement Program
 - <https://ottawa.ca/en/family-and-social-services/housing-and-homelessness/subsidized-housing/rent-supplement-program>
-

Official clarification Re: Code White policy of Schizophrenia North and The Royal

- Is it consistent with Canadian Law?
 - Must respect my advance directive during appeal process (Illegal to inject at present)
 - according to Pro Bono Law Society of Ontario
 - Staff at The Royal have lied to me and abused me in various ways
 - They have repeatedly gaslit or attempted to gaslight me
 - To combat gaslighting it is good to document and remind yourself of what you know to be true
 - They injected me on March 11th with Invega Sustenna
 - They lied and said I was being violent and threatening (no code was called as it never happened)
 - They said I threatened to cave someones skull in over a laptop
 - Despite being warned repeatedly about the advance directive and to seek legal counsel
 - It would be foolish to trust the staff at The Royal given this
 - I must nevertheless treat them with love and respect, by God's grace
 - Staff at The Civic did Code White (when I wasn't doing anything wrong) and injected me despite being informed and shown the advance directive
 - Staff at The Royal **could** do an injection or do a Code White even though it is illegal at any point during my involuntary admission before the appeal process has run its course
 - Patients have assaulted me, verbally threatened me with death, spat on me, and harassed me without getting a Code White
 - Granted I encouraged staff to not resort to a Code White
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Go over Hospital Policies with Jonathan Vant

- Get physical and digital copies
 - Become unofficial volunteer 'Fire and Safety Clerk'
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Volunteer at Coffee Shop in The Royal Lobby (Once it is opened. Sent petition to Cara via E-mail months ago)

- No more emailing Cara Vaccarino (Reminder taped to wall in room)
- Follow up with Annmarie (volunteering@theroyal.ca) and Jonathan Vant

Sword arrived at The Royal on June 23rd.

- Told it will be stored at Security.
 - I would like to see the package, not open it.
 - I expect to take it with me, should I ever be discharged.
 - Link to tracking number:
 - https://www.ups.com/track?loc=en_CA&Requester=DAN&tracknum=1ZK578212036475056
-

Sort out the logistics of attending Carleton or ultimately going to Law School, while an involuntary patient

Get answers to these questions from Dr. Rogers and Jennifer the Schizophrenia North unit pharmacist:

What is schizoaffective disorder?

Is there even consensus as to what it is, let alone how to cure it?

Is psychiatry or psychology a hard science?

What does the pharmakeia Clozapine do?

How does it work?

What are the known and common side effects? (I gained 250 pounds)

What are the known withdrawals? (I experienced severe ones)

Can it really kill you (even before the weight gain, heart problems and diabetes?), and that is why they suggest getting your blood work done?

Do people still experience the same symptoms after 'treatment' for the rest of their life, even on the pharmakeia?

If all of this is true, what are the objective benefits of being on the pharmakeia, if one is willing to tolerate the symptoms associated with a schizoaffective diagnosis, especially if they believe there are alternative explanations like DID from SRA or no-touch torture (please see reynen.ca for more details)?

I am no longer pursuing the complaints with the College of Physicians and Surgeons Ontario against:

- Dr. Rogers
- Dr. Baines
- Dr. Bardell
- Dr. Labelle
- Dr. Peabody
- Dr. Haung
- Dr. Rostom

I am no longer pursuing medical battery charges against Drs. Bardell, Dr. Haung, or Dr. Rostom.

I am no longer pursuing any action against the three police officers I reported to the Law Enforcement Complaints Agency (LECA) for failing to investigate the medical battery incidents.

I am no longer pursuing any civil claim for personal injury or damage of reputation by The Civic and/or The Royal to the Superior Court of Justice.

I don't believe I will be pursuing any legal action with the Human Rights Tribunal of Ontario or the Canadian Human Rights Commission.

- I have a year after the discrimination ends to make up my mind and put in an application
- The Human Rights Legals Services Centre closed my file without responding to me.

Lawyer (Mark Handelman) for Forms 4 and D appeals has:

- Threatened my privilege levels
- Encouraged me to take pharma a few times
- Told me that it is likely I will be 'indefinitely' detained if I do not take the pharma
- Will not answer my questions
- Will not show me his opinion letter for the Form D appeal process

Signed up for LinkedIn - Made official account

Signed up for ancestry.ca - Made a public account

Looked up some people from my past

- Found out an ex-girlfriend (an out patient of the Schizophrenia program last I checked) is now married so I need not fear that she will show up at Schizophrenia North (I emailed Dr. Rogers and Jonathan Vant about this)
 - I can leave her with my Abba, Christ Jesus, and the Holy Spirit, do my best to forget about her, and move on with my life
- I contacted Hawthorne Public School and asked for any information I could use to contact my peers from the gifted program I was enrolled at between grades five and seven
- I reached out to a few people from High School (St Mark in Manotick) to apologize to them and make amends.

I pray verbally and in spirit

I sing verbally and in spirit

I let go of (release) my anguish by quaking and shaking and 'primal' screaming in spirit (so no one will hear me yelling verbally)

- This is therapeutic and helps me to regulate.
- Got idea from John Lennon of the Beatles (an old idol of mine. I do not idolize him anymore)

I cast demons into the abyss in Lord Christ Jesus' name verbally and in spirit.

I have been talking to Sara the night nurse about some of my adverse experiences, so that she may record them in my chart.

- This is protected by HIPAA, PHIPA, PIPEDA

Other experiences I am writing down on paper

- Placing them in my secured storage (cubby) and asking staff to put them in my chart
 - For instance things to do with CADlink and the Canadian Governments possible involvement with STUXNET according to the account of an employee of CADlink

Other experiences I am writing in documents on my secured cloud (Proton Mail)

**JESUS LOVES YOU,
DR. ROGERS.
AND, SO. DO. I.**